



AYSO Area 1-P

Process for Player Substitutions

U-16 and U-19 divisions



Last Update: September 13, 2019

These processes and procedures are in accordance with the LOTG, the AYSO National Rules and Regulations and the Section 1 Rules and Regulations.

1. Per the laws of the game, a substitution may occur at any stoppage of play at the discretion of the referee.
2. An unlimited number of substitutions are allowed per team at the discretion of the referee.
3. All substitutions must be approved and recognized by the referee.

Procedure:

1. The coach signals the Assistant Referee (AR) for a substitution.
2. AR signals Referee (CR) for a substitution at a stoppage in play.
3. CR will acknowledge and call for the substitution to take place.
4. Players being substituted must leave the field at the nearest touchline or goal line when practical.
5. All substitutes must be standing at the halfway line ready to enter the field at the Referee's indication.

Notes:

1. Any team may request a substitution at any stoppage of play, but it is at the referee's discretion to award the substitution of a requesting team. If the substitution is granted to the requesting team, both teams may substitute at that time provided players are ready and do not delay the restart in the opinion of the referee.
2. If the players are not ready, the referee may decide not to acknowledge the substitution request, and play on.
3. Substitutions may be made for injured players.
4. Substitution for a player receiving a yellow card is permitted.
5. Substitutions will be tracked by each individual team on the time monitoring sheet.
6. Each player must play at least half of the total match unless injured.
7. A legitimate, timely request to substitute cannot in good conscience be ignored - and it is legitimate and timely if the substitute is already at the halfway line when the substitution opportunity arises, is properly attired/ready to play and it is a restart at which the substitution is allowed under the LOTG.
8. To protect players from heat-related dangers, hydration breaks may be allowed if the referee deems it necessary. These hydration breaks should take place approximately mid-way through each half.
9. Referees must inform the coaches of these procedures before the start of the match.

APPROVED:

Anthony Robinson

Anthony Robinson
Area Referee Administrator, 1-P

Rudolph Charles

Rudolph Charles
Area Coach Administrator, 1-P